

**Workshop Title: Homeopathic First Aid for Acute Trauma & the First Stage of Fevers (2-part series)**

**Speaker(s) & their title(s): Julie Anne Lee, DHC, of Adored Beast Apothecary  
ADOREDBEAST.COM**

**Executive Summary:**

Julie has 20 years experience studying and working with world homeopathic leaders, and veterinarians. In this 2 part series Julie provides general information regarding the philosophy of homeopathy, and outlines the ingredients needed in a homeopathic medical kit to treat trauma, lacerations, puncture wounds, fever, and lameness in animals. Julie's step-by-step instructions allow you to quickly deal with acute trauma, and stress, decreasing the severity of inflammation and pain while damage is addressed with homeopathic remedies, or while a veterinarian is called.

**Detailed Notes:**

Philosophy behind homeopathy:

- Ethical practices that helps reduce fear, and address issues before they progress

What is homeopathy?

- "Like cures like"- where a treatment is provided similar to the symptoms, or mimics the symptoms, allowing the body to rectify the problem. For example a remedy made with onion will produce similar reactions as hay fever. The body will then work to remedy these symptoms.
- Without unwanted side effects from pharmaceutical drugs
- Targets the individual not just the disease- acute trauma, skin allergies
- Strengthens entire body, and promotes healing
- Often animals emerge from illness stronger and fitter, since it is the body itself correcting the disease, rather than a synthetic agent.
- There is no waiting period for meat animals to be deemed 'clean' after treatment

What are remedies made from?

- Homeopathic remedies come from a variety of sources, including plants e.g. Chamomilla or Coffea, or animals such as snake remedies e.g. Lachesis, or Apis mellifica=the honey bee, or Lac caninum= dog's milk. They can come from mineral products such as salts like Natrum Muriaticum = Sodium Chloride = Rock Salt, Aurum Metallicum = Gold, Argentum Metallicum = Silver etc..
- They can come from nosodes, which are diseased products for example Tuberculinum, which is made from tubercular tissue, or Syphilinum, which is prepared from syphilitic tissue. There are also remedies called sarcodes,

**2015 ACORN Conference & Trade Show  
Delta Prince Edward Hotel, Charlottetown, PE**

which are prepared from healthy tissue for example Canine Teste which is made from healthy testicular extract.

Work with your vet as a team!!

- Communicate that you would like to try alternative methods prior to offering drugs.
- Homeopathy can be given along with conventional drugs with no concern of a negative interactions.
- It can be administered in life threatening situations, like pain, shock, birthing difficulties, colic.. while you are waiting for your Vet to arrive!
- Homeopathy can speed up healing once a broken bone has been splinted or cast
- If you have a sick animal that needs Veterinary care you can use Homeopathy to prevent it spreading to the rest of the herd or flock
- There is nowhere that Homeopathy is contraindicated or would not help to support the animals vitality.
- **Homeopathy is not meant to replace veterinarian care.**

Remedies are given in different ways:

- Crushed into powder, and sprinkled on foods, in coop etc.
- Diluted in water
- Sprayed on top of animals to enter nostrils, vaginal tract etc.
- Placed into vegetable such as pumpkin and eaten

Note \* When doses are given in specified intervals they are given as a pellet, powder, spray, orally etc. each time. Some remedies however are given in their water source and taken in each time they drink (such as Aconite to prevent stress prior to moving)

Homeopathy works with repetition and not by the amount given.

Classical vs. Combination remedies:

- Classical - one remedy given at a time and observing
- Combinations of two or more remedies are given at the same time to treat more than one issue. For example: pain and fever

Homeopathy remedies for first aid can treat:

- Bone Injuries
- Bruising
- Cuts and Abrasions
- Hematomas
- Hemorrhage
- Puncture Wounds

**2015 ACORN Conference & Trade Show  
Delta Prince Edward Hotel, Charlottetown, PE**

Homeopathy to treat Acute issues:

- Have a sudden onset
- Bronchitis , Mastitis, Milk Fever, Scours, Retained Placenta, Birthing Difficulties, Abscess etc..
- When dealing with acutes everything is taken into account
- The way the animal behaves, for example with mastitis one animal may want to be left alone, want to be far away from the herd, and could be extra thirsty compared to another animal which maybe anxious, not want to leave the barn and refusing to drink. Both those animals would be given different remedies.

Homeopathic treatment of Constitutional issues:

- Are more complex and more in depth, for example Milking difficulties, Laminitis, Chronic Abortions, Arthritis, Liver or Kidney Disease, Emotional Conditions example Aggression, Fear, Maternal Complaints or Reproductive Issues etc..
- In this situation the practitioner is evaluating the patient's total health picture, the vital force, the past medical history, the current status, the patterns of how they got to their current state of being.
- They are attempting to understand the patient at a very deep level, in order to choose the similimum that will work on the greatest limitations of freedom, on the physical, mental and emotional levels. Methods that are used to choose the remedy are numerous. This is beyond the scope of the farmer and needs professional Homeopathic assessment and plan

Power of observation:

- Should detect problems before they begin
- Observe normal traits for each animal – is your animal acting differently than usual, more or less vocal than normal, fearful, stressed, pushing, holding back, pecking,
- An animal standing to sleep that usually lies or vice versa
- Eyes, ears or nose appearing different than normal
- Selective eating

**Homeopathic medical kit - for treating trauma, fever, lacerations, and puncture wounds:**

Aconite 1m

- First remedy to prevent shock, pain, trauma or fear
- Rabbits and poultry can be killed by shock, or it can cause acute flu
- The preferred potency in 1m. it is considered a strong potency
- Provide 24-48 hrs. prior to travel etc. to prevent shock or directly after bringing chicks or other animals home.

**2015 ACORN Conference & Trade Show  
Delta Prince Edward Hotel, Charlottetown, PE**

Arnica 1m

- #1 pain remedy that works like an anti-inflammatory
- For any blunt injury

\*Aconite and Arnica are carried in Julie's pocket at all times. They can be given separately or in combination.

Phosphorous 1m - For wounds

- Aids by slowing down or stopping bleeding
- Helps to deal with dehydration from blood loss
- Diarrhea
- Upper respiratory issues

Calendula 200c -For wounds (Pot marigold)

- Anti-septic
- Huge healing qualities, increases epithelial cells
- Great for after surgery also used for burns

Hypericum 1m (St. John's Wort)

- Was used in the old days for tetanus today we use it for puncture wounds and nerve damage.
- Bites, stings, lacerations that are rich in nerve endings, crushed fingers, spinal injuries

Ledum 1m. -For puncture wounds (Wild Rosemary)

- Ledum was also used in the old days for tetanus today it is used for puncture wounds, bites from animals and insects including ticks, black eyes, bruises, gout / rheumatism
- Use it to prevent infection

Hepar Sulf 200c. -For puncture wounds/abscess (Calcium Sulphide)

- Hepar Sulf has been referred to as similar to antibiotics
- It is used in infection with pain example abscesses, sore throats, boils, ear infections

Silica 30c Terra -For puncture wounds/abscess (Pure Flint)

- Silica is a remedy that is used to draw out infection of abscesses
- Can aid in the removal of a foreign body like a sliver
- Prevents scaring / proud flesh helps to dissolve scare tissue

**2015 ACORN Conference & Trade Show  
Delta Prince Edward Hotel, Charlottetown, PE**

**Treating for trauma, stress or fear:**

- Aconite 1m is used to prevent shock from pain, trauma or fear.
- Dose every 10-20min 3-4 times after shock has occurred
- Use Arnica as a pain remedy that works like an anti-inflammatory but can also prevent, hematoma, oedema and inflection
- For any blunt injury dose with 1m potency every 15 min twice then every 1/2 three times then wait to see the response.
- If there is bleeding or a deep wound involved you will be adding Phosphours along with the Arnica

**Treating lacerations, or puncture wounds:**

Severe Lacerations/ Wounds:

- Start by assessing the severity if your animal's wound, if it needs stitches or emergency medical care you will be using a combination of remedies all at the same time until your Vet arrives
- If your remedies are close by, immediately give Aconite 1m, Arnica 1M and Phosphours 200c all at the same time.
- Apply a pressure bandage
- Call your Vet!
- While your Vet is on their way continue to give all three remedies every 5-20min until they arrive or the blood loss slows down.
- Often after the 3rd dose you can see the bleeding slow down, if the bleeding stops continue the Aconite and Arnica every 1hr until they arrive.
- After the Vet leaves give one more dose of Arnica 1M
- Then continue it twice a day for 2 days. This we help with swelling, infection and speed healing.

Lacerations/Wounds that do not need stitching or Emergency Care:

- Please follow the same instructions #2 & #3 above.
- After you have given 3 doses every 10 -20min of Aconite 1M Arnica 1M and Phosphours 200c continue the Arnica 1M 3 times per day for 2 days but start to add Calendula 200c to the Arnica.
- Clean the wound with dilute Hypericum Tincture or (AB Wound Solutions) Use 12 drops to 1/2 cup of water and bath or spray the wound including 1-2 inches around the wound site
- Apply Calendula Cream or (AB Wound Solution) 2-4 times per day

Severe Puncture Wounds:

- Unlike a laceration we want some bleeding to flush the puncture wounds from inside out!
- Again assess the severity if it requires emergency care all your Vet right away but you can start the remedies below immediately

**2015 ACORN Conference & Trade Show  
Delta Prince Edward Hotel, Charlottetown, PE**

- Start with Aconite 1m and Arnica 1m every 10 min 2 times
- Then change to Arnica 1M and Hypericum 1M and Ledum 1M every 20 min until the Vet arrives

**Puncture Wounds Non Emergency:**

- Follow steps 1 & 2 as above, except after 3 does every 20 min of Arnica Ledum and Hypericum stop and repeat 1 dose 2 hrs later then 3 times per day for 2 days
- Keep the wounds open and scab free so they can drain. If you can compress with epsom salts and warm water mixed with 12 drops Hypericum solution to each 1/2 cup of water, three times per day for 3-5 days
- After or during, compress and massage the area if possible or “milk” the area to activate draining
- After the 2 days of ALH start Hepar Sulf 200c and Silica 30c twice per day for 5 days to try and prevent any sort of abscess from occurring. If there are any signs of inflammation or infection in the days prior, stop the ALH and start the Hepar Sulf and Silica right away but do it 3 times a day for 4 days

**Top Remedies for Fever:**

- Aconite 1m
- Arnica 1m
- Belladonna 1m
- Ferrum Phos 1m
- Phosphorus 1m

**First signs of fever:**

- Lethargy
- Not resting/ not drinking
- Drinking more
- Increased respiration/ mouth breathing/ flared nostrils
- Wrinkled skin around nose or mouth – difference in features
- Shivering
- Diluted pupils
- Standing on one leg
- Sensitive to touch, light or noise
- Anything that is out of the ordinary

**Treating for fever:**

The goal is to prevent, or derail the disease process before it takes hold. If one animal is appearing ill, Julie recommends providing a remedy to the entire herd if illness is contagious. The remedy will do no harm, and may boost the immune system of the herd.

**2015 ACORN Conference & Trade Show  
Delta Prince Edward Hotel, Charlottetown, PE**

- Aconite 1m every 10 mins (3 times) no matter what symptoms, then dose with the most appropriate remedy.
- Choose the next remedy and give it 1 dose every 20 mins. (3 times)
- If temperature does not start to drop or symptoms do not improve change the remedy.

Arnica 1m for fever – used for restless animals

- They seem like they can not get comfortable, possibly moving from bed to bed
- They do not want to be touched or approached.

Belladonna 1m for fever – used for sudden, violent, fierce fever to strong vibrant animals

- Diluted pupils
- Violence
- Suddenness that fever appears

Ferris Phos. 1m for fever – used when you have a strange sense of what animal needs

- Strong fever
- Lethargic or unsure movements

Phosphorous 1m for fever- for animals that want attention or have a need to be taken care of

- Thirsty /dehydrated

**Homeopathic medical kit - for treating lameness:**

- Aconite 1m
- Arnica 1m
- Bryonia 1m
- Rhust Tox 1m
- Ruta Grav. 1m
- Symphytum 1m and 12c

**Homeopathic treatment for lameness:**

Treating sudden severe lameness:

- Aconite 1m and Arnica 1m
- Call your vet
- Continue those two remedies every 15 min-1 hr until they arrive

**2015 ACORN Conference & Trade Show  
Delta Prince Edward Hotel, Charlottetown, PE**

Treating non emergency lameness:

- If you have just noticed it suddenly, start with a dose of Aconite 1m wait 15 mins.
- Move to Arnica 1m given every 1 hr for three doses.
- If there is great improvement continue the Arnica every 4-8 hrs for 4 more doses
- If the Arnica 1M does not resolve the issue or after 3- 4 doses there is no improvement move to the next appropriate remedy
- Give a dose every 1 hr three times if there is improvement continue every 4-8 hrs and continue the same remedy 3 times a day for 3 days.
- If no improvement or is worse at anytime change the remedy

Bryonia (Wild Hops)

- Is used for animals that do not want to move at all, they feel better with pressure so you will often see an animal lying on its pained side, or leaning against a wall on its lame side.

Rhus Tox 1m (Poison Oak)

- Used for animals that are worse during initial movement but lameness (stiffness) eases with more movement, ex. Arthritic animals
- Symptoms are worse during cold damp weather
- They can appear restless
- Remedy can be given in water to improve movement

Ruta Graveolens (Garden Rue)

- Good remedy for strains, tendon, injuries
- Symptoms are worse during cold damp weather
- The animal may have difficulty getting up from lying position, sometimes animals do not want to lay down for this reason
- Lameness or pain increases as the animal continues to move which is different than the symptoms treated with Rhus Tox (above)

Symphytum 1m (Comfrey)

- The other name for this is 'knit bone'
- Good for bone infections, bone blunt trauma, fractures
- For a fractured bone, (after bone has been set) use 12c (2 times per day) for one month

Question:

Does an animals constitution affect the treatment given?

Answer:

Yes an animal such as a chicken for example has a flighty, or nervous constitution, and may benefit from Aconite better than anything else. A robust strong animal that is suddenly affected by fever will benefit from Belladonna more than an animal with



**2015 ACORN Conference & Trade Show  
Delta Prince Edward Hotel, Charlottetown, PE**

a frail constitution. The most important advice is to know the constitution, habits, or personality of each animal, and know when they are acting strange.